

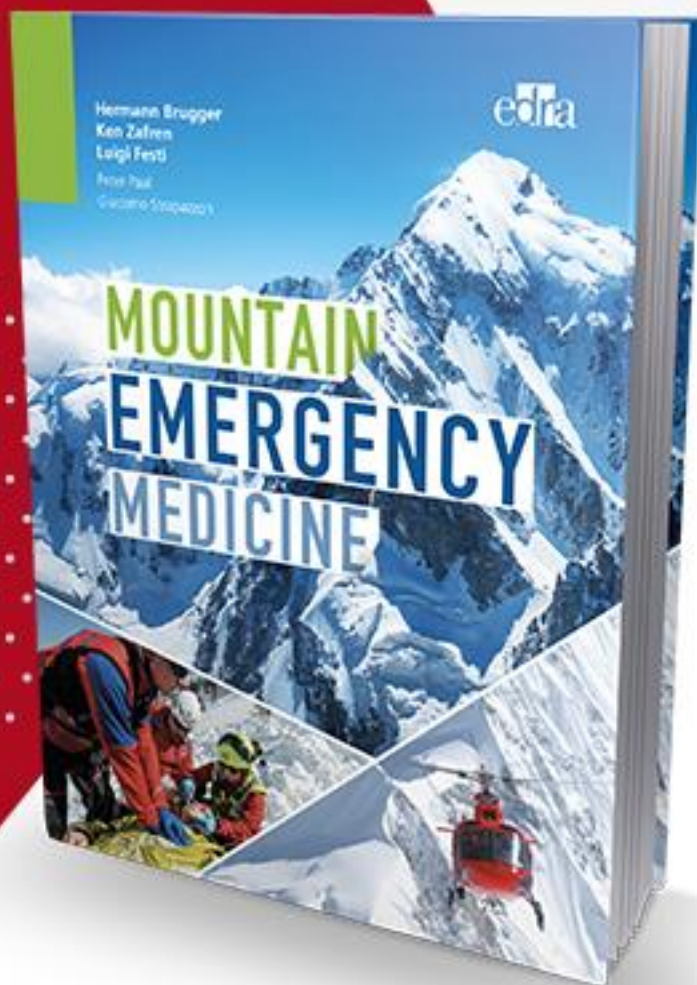
# MOUNTAIN EMERGENCY MEDICINE

H. Brugger, K. Zafren, L. Festi  
P. Paal, G. Strapazzon

Mountain emergency medicine has undergone rapid development. Rescuers, including medical personnel, require theoretical and practical training. This book is an introduction to mountain emergency medicine.

*"In Mountain Emergency Medicine is found the sum of all important research and experience in mountain medicine. Indispensable for all mountaineers, health care providers and mountain rescue doctors."*  
**Reinhold Messner**

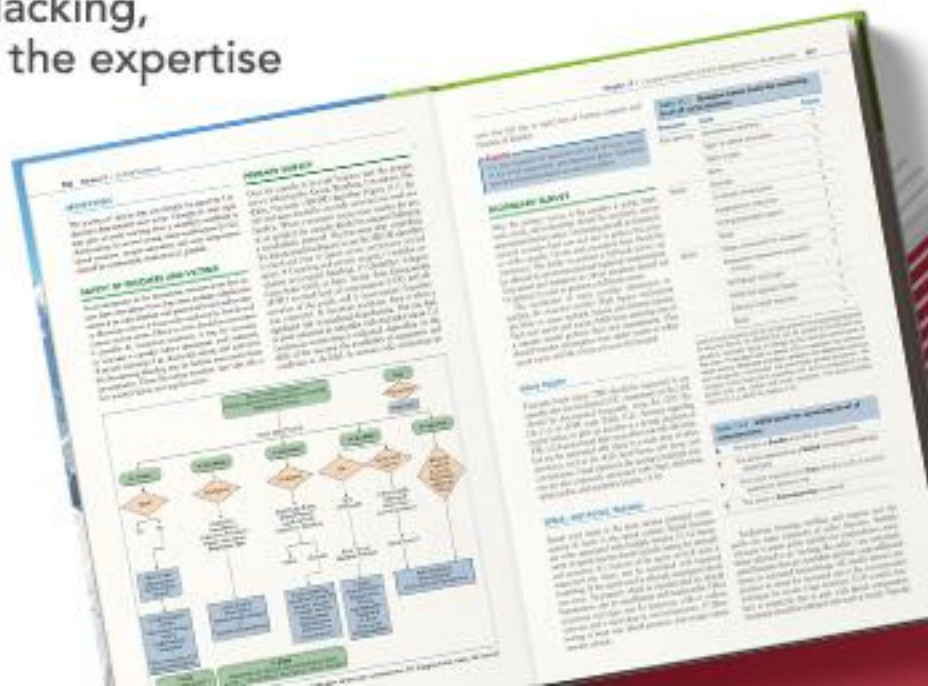




# MOUNTAIN EMERGENCY MEDICINE

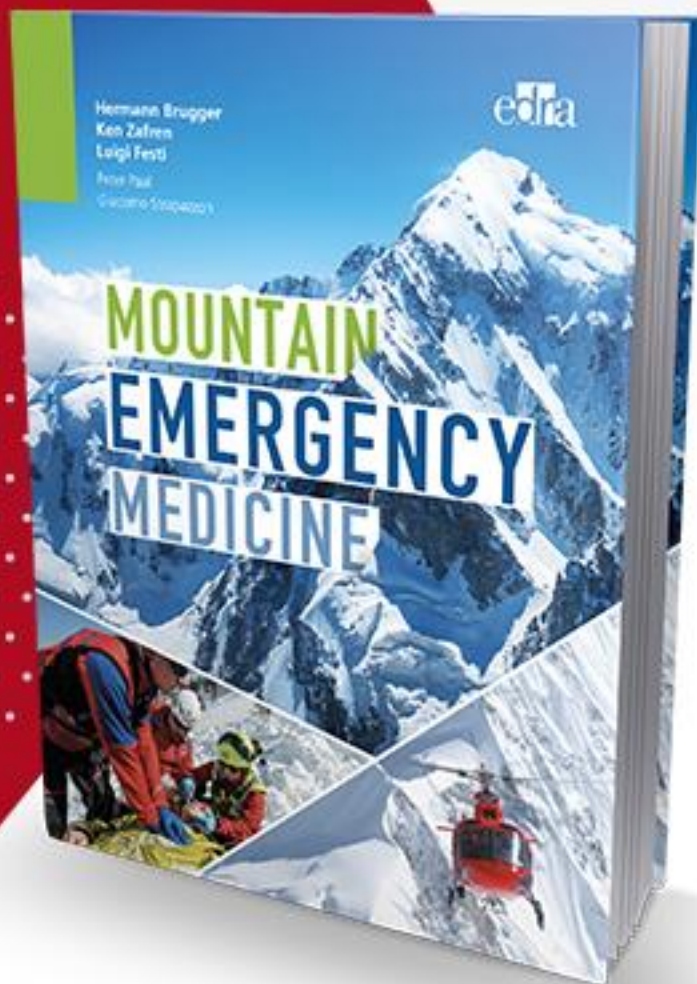
H. Brugger, K. Zafren, L. Festi  
P. Paal, G. Strapazzon

The editors have adopted an approach based, as much as possible, on evidence. Where evidence is lacking, they have relied on the expertise of the authors.





edra



# MOUNTAIN EMERGENCY MEDICINE

H. Brugger, K. Zafren, L. Festi  
P. Paal, G. Strapazzon

This book is not a substitute for practical training, but offers the knowledge base necessary to provide medical care safely and effectively.



# MOUNTAIN EMERGENCY MEDICINE

## Hermann Brugger, MD

Head, Institute of Mountain  
Emergency Medicine, Eurac Research,  
Bolzano (Italy)  
Associate Professor, Innsbruck  
Medical University, Innsbruck (Austria)

## Ken Zafren, MD FAAEM FACEP FAWM

Clinical Professor, Department  
of Emergency Medicine,  
Stanford University Medical  
Center Stanford, CA (USA)  
Attending Physician, Department  
of Emergency Medicine, Alaska  
Native Medical Center,  
Anchorage, AK (USA)  
Associate Medical Director,  
Himalayan Rescue Association,  
Kathmandu (Nepal)

## Luigi Festi, MD

Head, Department of Emergency  
Surgery and Transplant University  
Hospital, Varese (Italy)  
Programme Director, International  
Master Course in Mountain  
Emergency Medicine, University  
of Insubria and University  
of Milano-Bicocca,  
Varese and Milan (Italy)

## Peter Paal, MD PD MBA

Clinical Director, Department  
of Anaesthesiology and Intensive  
Care Medicine, St. John of God  
Hospital, Paracelsus Medical  
University, Salzburg (Austria)  
Research lead, International  
Commission for Mountain Emergency  
Medicine (ICAR MedCom),  
Zürich (Switzerland)

## Giacomo Strapazzon, MD PhD

Vice Head, Institute of Mountain  
Emergency Medicine,  
Eurac Research, Bolzano (Italy)  
Associate Professor, Innsbruck  
Medical University,  
Innsbruck (Austria)





edra



# MOUNTAIN EMERGENCY MEDICINE

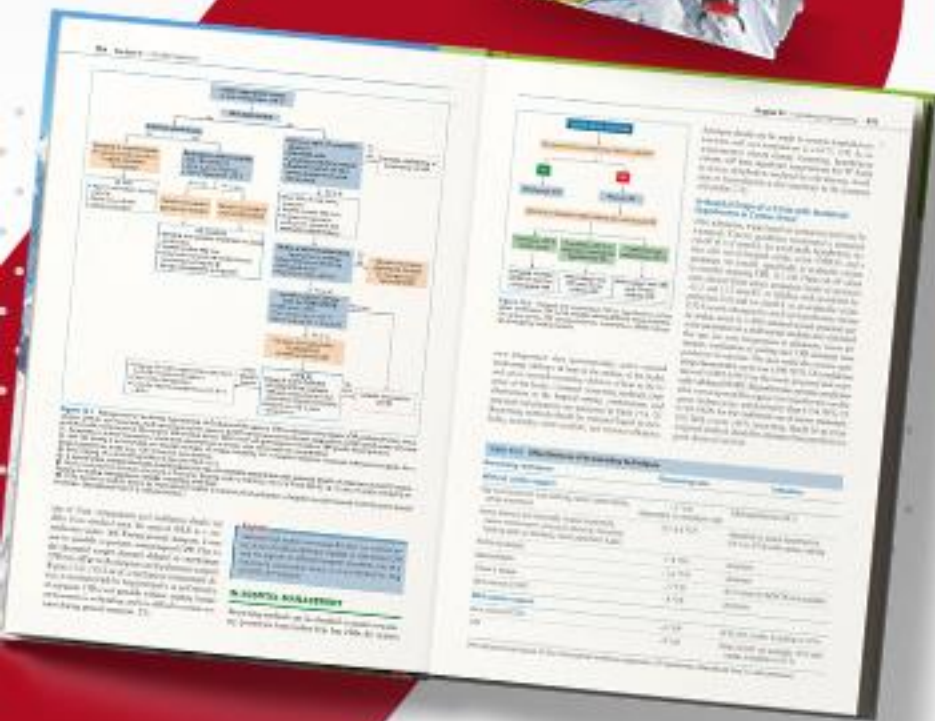
H. Brugger, K. Zafren, L. Festi  
P. Paal, G. Strapazzon

## FLOWCHARTS AND TABLES FOR:

- Easier understanding of technical procedures
- Quick review of specific techniques and guidelines

## TAKE-HOME MESSAGES BOXES FOR:

- A quick recap of each chapter
- Stressing the focal messages of every chapter







# MOUNTAIN EMERGENCY MEDICINE

H. Brugger, K. Zafren, L. Festi  
P. Paal, G. Strapazzon

## A MULTITUDE OF PHOTOGRAPHS SHOWING:

- Real-world scenarios
- On-site interventions
- Advanced techniques
- Technical equipment

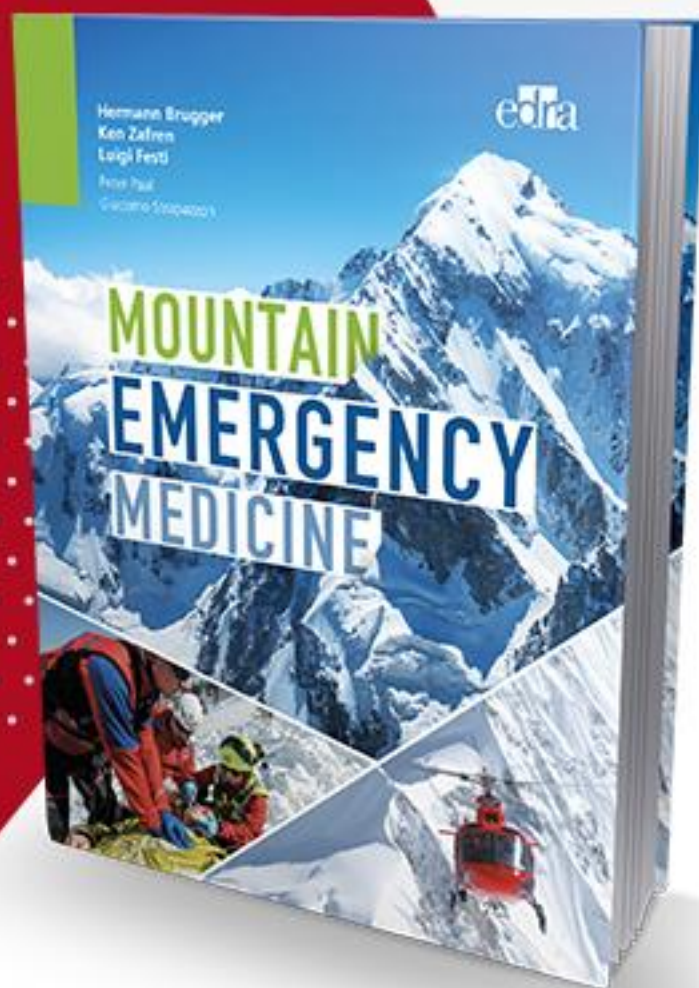
## MORE THAN 60 CASE REPORTS TO:

- See how evidence-based knowledge can be applied in the field
- Record rescue tales that enhance learning about real-world situations





edra



# MOUNTAIN EMERGENCY MEDICINE

H. Brugger, K. Zafren, L. Festi  
P. Paal, G. Strapazzon

AVAILABLE FROM

[www.edizioniedra.it](http://www.edizioniedra.it)

[www.amazon.com](http://www.amazon.com)

[www.edrapublishing.com](http://www.edrapublishing.com)